

# 2025 Level 3/4/5 Maryland State Championships



Saturday March 29, 2025			
Session 1			
Level 5 Women	CH /JR /SR  Modified Capital Cup	7:30-8:00a	Registration
		8:00-8:30a	Stretch & Present
		8:30-10:30a	Competition
		10:50a	Individual Awards/Team
Level 5 Women	CH /JR /SR  Modified Capital Cup	7:30-8:00a	Registration
		8:00-8:30a	Stretch & Present
		8:30-10:30a	Competition
		10:50a	Individual Awards/Team
Session 2			
2A Level 3 Women	JR B / JR E / SR E  Awards in Studio A	10:15-10:45a	Registration
		10:45-11:15p	Stretch & Present
		11:15-1:15p	Competition
		1:35p	Individual Awards
2B Level 4 Women	CH B / JR C  Awards in Town Hall	10:15-10:45a	Registration
		10:45-11:15p	Stretch & Present
		11:15-1:15p	Competition
		1:35p	Individual Awards
Session 3			
3A Level 3 Women	CH E / JR D / SR D  Awards in Studio A	1:15-1:45p	Registration
		1:45-2:15p	Stretch & Present
		2:15-4:15p	Competition
		4:35p	Individual Awards
3B Level 4 Women	CH A / JR D  Awards in Town Hall	1:15-1:45p	Registration
		1:45-2:15p	Stretch & Present
		2:15-4:15p	Competition
		4:35p	Individual Awards

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Session 4			
4A Level 3 Women	CH A / JR A / JR C	4:15-4:45p	Registration
		4:45-5:15p	Stretch & Present
	Awards in Studio A	5:15-7:15p	Competition
		7:35p	Individual Awards
4B Level 4 Women	CH C / JR B	4:15-4:45p	Registration
		4:45-5:15p	Stretch & Present
	Awards in Town Hall	5:15-7:15p	Competition
		7:35p	Individual Awards

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Sunday, March 30, 2025

## Session 5

5A Level 3 Women	CH B / CH F / SR C  Awards in Studio A	8:30-9:00a	Registration
		9:00-9:30a	Stretch & Present
		9:30-11:30a	Competition
		11:50a	Individual Awards
5B Level 4 Women	JR A / SR D  Awards in Town Hall	8:30-9:00a	Registration
		9:00-9:30a	Stretch & Present
		9:30-11:30a	Competition
		11:50a	Individual Awards

## Session 6

6A Level 3 Women	JR F / SR A / SR F  Awards in Studio A	11:45-12:15p	Registration
		12:15-12:45p	Stretch & Present
		12:45-2:45p	Competition
		3:05	Individual Awards
6B Level 4 Women	SR A / SR C  Awards in Town Hall	11:45-12:15p	Registration
		12:15-12:45p	Stretch & Present
		12:45-2:45p	Competition
		3:05	Individuals Awards

## Session 7

7A Level 3 Women	CH C / CH D / SR B  Awards in Studio A	3:00-3:30p	Registration
		3:30-4:00p	Stretch & Present
		4:00-6:00p	Competition
		6:20p	Individual Awards/Team
7B Level 4 Women	CH D / SR B  Awards in Town Hall	3:00-3:30p	Registration
		3:30-4:00p	Stretch & Present
		4:00-6:00p	Competition
		6:20p	Individual Awards/Team