

# 2026 Level 3/4/5 State Championships



Saturday, April 11, 2026			
Session 1			
Level 5 Women	All Age groups	8:00-8:30a	Registration
		8:30-9:00a	Stretch & Present
	Modified Capital Cup	9:00-11:00a	Competition
		11:15a	Individual Awards/Team
Level 5 Women	All Age groups	8:00-8:30a	Registration
		8:30-9:00a	Stretch & Present
	Modified Capital Cup	9:00-11:00a	Competition
		11:15a	Individual Awards/Team
Session 2			
2A Level 3 Women	CH D / CH E / JR D	11:00-11:30a	Registration
		11:30-12:00p	Stretch & Present
	Awards in Studio A	12:00-2:00p	Competition
		2:15p	Individual Awards
2B Level 4 Women	CH B / JR A	11:00-11:30a	Registration
		11:30-12:00p	Stretch & Present
	Awards in Town Hall	12:00-2:00p	Competition
		2:15p	Individual Awards
Session 3			
3A Level 3 Women	CH C / JR B / SR E	2:00-2:30p	Registration
		2:30-3:00p	Stretch & Present
	Awards in Studio A	3:00-5:00p	Competition
		5:15p	Individual Awards
3B Level 4 Women	JR D / SR A	2:00-2:30p	Registration
		2:30-3:00p	Stretch & Present
	Awards in Town Hall	3:00-5:00p	Competition
		5:15p	Individual Awards
Session 4			
4A Level 3 Women	JR F / SR A / SR D	5:00-5:30p	Registration
		5:30-6:00p	Stretch & Present
	Awards in Studio A	6:00-8:00p	Competition
		8:15p	Individual Awards
4B Level 4 Women	JR B / SR B	5:00-5:30p	Registration
		5:30-6:00p	Stretch & Present
	Awards in Town Hall	6:00-8:00p	Competition
		8:15p	Individual Awards

# 2026 Level 3/4/5 State Championships



Sunday, April 12, 2026			
Session 5			
5A Level 3 Women	CH A / JR C / JR E  Awards in Studio A	8:00-8:30a	Registration
		8:30-9:00a	Stretch & Present
		9:00-11:00a	Competition
		11:15a	Individual Awards
5B Level 4 Women	CH D / SR D  Awards in Town Hall	8:00-8:30a	Registration
		8:30-9:00a	Stretch & Present
		9:00-11:00a	Competition
		11:15a	Individual Awards
Session 6			
6A Level 3 Women	SR B / SR C / SR F  Awards in Studio A	11:00-11:30a	Registration
		11:30-12:00p	Stretch & Present
		12:00-2:00p	Competition
		2:15p	Individual Awards
6B Level 4 Women	CH A / JR C  Awards in Town Hall	11:00-11:30a	Registration
		11:30-12:00p	Stretch & Present
		12:00-2:00p	Competition
		2:15p	Individuals Awards
Session 7			
7A Level 3 Women	CH B / CH F / JR A  Awards in Studio A	2:00-2:30p	Registration
		2:30-3:00p	Stretch & Present
		3:00-5:00p	Competition
		5:15p	Individual Awards/Team
7B Level 4 Women	CH C / SR C  Awards in Town Hall	2:00-2:30p	Registration
		2:30-3:00p	Stretch & Present
		3:00-5:00p	Competition
		5:15p	Individual Awards/Team