

2026 Sportsplex Team Classic



Saturday, January 24,2026			
Session 1			
1A Level 2 Women	Modified Capital Cup	7:30-8:00a	Registration
		8:00-8:30a	Stretch & Present
		8:30-10:15a	Competition
		10:30a	Individual Awards/Team
1B Xcel Bronze Women	Modified Capital Cup	7:30-8:00a	Registration
		8:00-8:30a	Stretch & Present
		8:30-10:15a	Competition
		10:30a	Individual Awards/Team
Session 2			
2A Xcel Silver & Bronze Women	Modified Capital Cup Bronze LoCo Gymnastics DPR Xcel	10:30-11:00a	Registration
		11:00-11:30a	Stretch & Present
		11:30-1:25p	Competition
		1:40p	Individual Awards/Team
2B Xcel Silver Women	Modified Capital Cup	10:30-11:00a	Registration
		11:00-11:30a	Stretch & Present
		11:30-1:25p	Competition
		1:40p	Individual Awards/Team
Session 3			
3A Xcel Gold	Modified Capital Cup	1:30-2:00p	Registration
		2:00-2:30p	Stretch & Present
		2:30-4:25p	Competition
		4:40p	Individual Awards/Team
3B Xcel Gold	Modified Capital Cup	1:30-2:00p	Registration
		2:00-2:30p	Stretch & Present
		2:30-4:25p	Competition
		4:40p	Individual Awards/Team
Session 4			
4A Level 6 Women	Modified Capital Cup	4:30-5:00p	Registration
		5:00-5:30p	Stretch & Present
		5:30-8:00p	Competition
		8:15p	Individual Awards/Team
4B Xcel Platinum	Modified Capital Cup	4:30-5:00p	Registration
		5:00-5:30p	Stretch & Present
		5:30-8:00p	Competition
		8:15p	Individual Awards/Team

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Sunday, January 25,2026			
Session 5			
5A Level 3 Women	Modified Capital Cup	7:30-8:00a	Registration
		8:00-8:30a	Stretch & Present
		8:30-10:15a	Competition
		10:30a	Individual Awards/Team
5B Level 3 Women	Modified Capital Cup	7:30-8:00a	Registration
		8:00-8:30a	Stretch & Present
		8:30-10:15a	Competition
		10:30a	Individual Awards/Team
Session 6			
6A Level 4/5 Women	Modified Capital Cup	10:15-10:45a	Registration
		10:45-11:15a	Stretch & Present
		11:15-1:30p	Competition
		1:45p	Individual Awards/Team
6B Level 4/5 Women	Modified Capital Cup	10:15-10:45a	Registration
		10:45-11:15a	Stretch & Present
		11:15-1:30p	Competition
		1:45p	Individuals Awards/Team
Session 7			
7A Xcel Diamond/Sapphire	Warm up/Compete	1:30-2:00p	Registration
		2:00-2:30p	Stretch & Present
		2:30-5:00p	Competition
		5:15p	Individual Awards/Team
7B Level 3-6 & Bronze & Silver & Gold Men	Warm up/Compete	1:30-2:00p	Registration
		2:00-2:30p	Stretch & Present
		2:30-5:15p	Competition
		5:30p	Individual Awards/Team
8A Level 7-10 Women	Warm up/Compete	5:00-5:30p	Registration
		5:30-6:00p	Stretch & Present
		6:00-8:15p	Competition
		8:30p	Individual Awards/Team
8B Level 7-10 & Platinum Men	Warm up/Compete	5:00-5:30p	Registration
		5:30-6:00p	Stretch & Present
		6:00-8:30p	Competition
		8:45p	Individual Awards/Team