

2025 Level 3/4/5 Maryland State Championships

Modified Capital Cup 8:00-8:30a Stretch & Present		Saturday March	29, 2025			
Modified Capital Cup 8:00-8:30a Stretch & Present	Session 1					
Modified Capital Cup 8:30-10:30a Competition 10:50a Individual Awards/Team 10:50a Individual Awards/Team 10:50a Registration 8:00-8:30a Stretch & Present 8:30-10:30a Competition 10:50a Individual Awards/Team 10:50a Individual Awards/Team 10:50a Individual Awards/Team 10:45-11:15p Stretch & Present 10:45-11:15p Stretch & Present 11:15-1:15p Competition 1:35p Individual Awards 10:45-11:15p Stretch & Present 10:45-11:15p Stretch & Present 11:15-11:15p Stretch & Present 11:15-11:15p Stretch & Present 11:15-11:15p Stretch & Present 11:15-11:15p Competition 1:35p Individual Awards 11:15-11:15p Competition 1:35p Individual Awards 1:45-2:15p Stretch & Present 1:4	Level 5 Women	CH /JR /SR	7:30-8:00a	Registration		
Session 2			8:00-8:30a	Stretch & Present		
CH /JR /SR		Modified Capital Cup	8:30-10:30a	Competition		
Modified Capital Cup 8:30-10:30a Stretch & Present			10:50a	Individual Awards/Team		
Modified Capital Cup 8:30-10:30a Competition	Level 5 Women	CH /JR /SR	7:30-8:00a	Registration		
Session 2			8:00-8:30a	Stretch & Present		
Session 2			8:30-10:30a	Competition		
Description			10:50a	Individual Awards/Team		
Level 3 Women Awards in Studio A 10:45-11:15p Stretch & Present 2B CH B / JR C 10:15-10:45a Registration Level 4 Women 10:45-11:15p Stretch & Present Awards in Town Hall 11:15-1:15p Competition 1:35p Individual Awards Session 3 3A CH E / JR D / SR D 1:15-1:45p Registration Level 3 Women 1:45-2:15p Stretch & Present Awards in Studio A 2:15-4:15p Competition 3B CH A / JR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Stretch & Present 2:15-4:15p Competition 1:45-2:15p Stretch & Present		Session	2			
Level 3 Women 10:45-11:15p Stretch & Present 2B CH B / JR C 10:15-10:45a Registration Level 4 Women 10:45-11:15p Stretch & Present Awards in Town Hall 11:15-1:15p Competition 1:35p Individual Awards Session 3 Session 3 CH E / JR D / SR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition 4:35p Individual Awards 3B CH A / JR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition	2A	JR B / JR E / SR E	10:15-10:45a	Registration		
11:15-1:15p Competition	Level 3 Women		10:45-11:15p	Stretch & Present		
2B CH B / JR C 10:15-10:45a Registration 10:45-11:15p Stretch & Present 11:15-1:15p Competition 1:35p Individual Awards Session 3 3A CH E / JR D / SR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present Awards in Studio A 1:15-1:45p Competition 3B CH A / JR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition			11:15-1:15p	Competition		
Level 4 Women			1:35p	Individual Awards		
Awards in Town Hall 11:15-1:15p Competition 1:35p Individual Awards	2B	CH B / JR C	10:15-10:45a	Registration		
1:35p Individual Awards	Level 4 Women		10:45-11:15p	Stretch & Present		
Session 3 CH E / JR D / SR D Level 3 Women Awards in Studio A CH A / JR D Awards in Town Hall Session 3 1:15-1:45p Registration 1:45-2:15p Competition 4:35p Individual Awards 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition 1:45-2:15p Stretch & Present 2:15-4:15p Competition		Awards in Town Hall	11:15-1:15p	Competition		
CH E / JR D / SR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition 4:35p Individual Awards CH A / JR D Level 4 Women CH A / JR D Awards in Town Hall 2:15-4:15p Competition Competition 1:45-2:15p Stretch & Present 2:15-4:15p Competition			1:35p	Individual Awards		
Level 3 Women Awards in Studio A 1:45-2:15p 2:15-4:15p Competition 4:35p Individual Awards CH A / JR D Level 4 Women Awards in Town Hall 1:45-2:15p Stretch & Present 1:45-2:15p Stretch & Present 2:15-4:15p Competition		Session	3			
Awards in Studio A 2:15-4:15p Competition 4:35p Individual Awards 3B Level 4 Women CH A / JR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition	3A	CH E / JR D / SR D	1:15-1:45p	Registration		
3B Level 4 Women CH A / JR D Awards in Town Hall 4:35p Individual Awards 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition	Level 3 Women		1:45-2:15p	Stretch & Present		
3B Level 4 Women CH A / JR D 1:15-1:45p Registration 1:45-2:15p Stretch & Present 2:15-4:15p Competition		Awards in Studio A	2:15-4:15p	Competition		
Level 4 Women Awards in Town Hall 1:45-2:15p			4:35p	Individual Awards		
Awards in Town Hall 2:15-4:15p Competition	3B	CH A / JR D	1:15-1:45p	Registration		
2:15-4:15p Competition	Level 4 Women		1:45-2:15p	Stretch & Present		
4:35p Individual Awards			2:15-4:15p	Competition		
			4:35p	Individual Awards		



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Session 4					
4A	CH A / JR A / JR C	4:15-4:45p	Registration		
Level 3 Women		4:45-5:15p	Stretch & Present		
	Awards in Studio A	5:15-7:15p	Competition		
		7:35p	Individual Awards		
4B	CH C / JR B	4:15-4:45p	Registration		
Level 4 Women		4:45-5:15p	Stretch & Present		
	Awards in Town Hall	5:15-7:15p	Competition		
		7:35p	Individual Awards		



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	Sunday, March 30, 2025					
Session 5						
5A	CH B / CH F / SR C	8:30-9:00a	Registration			
Level 3 Women		9:00-9:30a	Stretch & Present			
	Awards in Studio A	9:30-11:30a	Competition			
		11:50a	Individual Awards			
5B	JR A / SR D	8:30-9:00a	Registration			
Level 4 Women		9:00-9:30a	Stretch & Present			
	Awards in Town Hall	9:30-11:30a	Competition			
		11:50a	Individual Awards			
Session 6						
6A	JR F / SR A / SR F	11:45-12:15p	Registration			
Level 3 Women		12:15-12:45p	Stretch & Present			
	Awards in Studio A	12:45-2:45p	Competition			
		3:05	Individual Awards			
6B	SR A / SR C	11:45-12:15p	Registration			
Level 4 Women		12:15-12:45p	Stretch & Present			
	Awards in Town Hall	12:45-2:45p	Competition			
		3:05	Individuals Awards			
Session 7						
7A	CH C / CH D / SR B	3:00-3:30p	Registration			
Level 3 Women		3:30-4:00p	Stretch & Present			
	Awards in Studio A	4:00-6:00p	Competition			
		6:20p	Individual Awards/Team			
7B	CH D / SR B	3:00-3:30p	Registration			
Level 4 Women		3:30-4:00p	Stretch & Present			
	Awards in Town Hall	4:00-6:00p	Competition			
		6:20p	Individual Awards/Team			