

Day/Session	Level/Division/ Ages	Comp Style	Eastern & National Allotment	Session Times
Thursday, April 4 Session 1	Level 7 Jr (12-14) & Level 7 Sr (15)	Capital Cup	Level 7 (All Ages) = <b>71</b>	Registration & Stretch: 8:00am Warm-up Flight A: 8:30am Presentation: 8:42am Awards: 12:10pm
Thursday, April 4 Session 2	Level 8 JN & JE Jr (12-13) Level 8 JN & JE Sr (14 +) <b>*Level 7 (16+)</b>	Capitol Cup	Level 7 (All Ages) = <b>71</b> Level 8 JN (all Ages) = <b>60</b> Level 8 JE (12) = <b>3</b> Level 8 JE (13) = <b>5</b>	Registration & Stretch: 12:00pm Warm-up: 12:30pm Presentation: 12:45pm Awards: 4:00pm
Thursday, April 4 Session 3	Level 9 JN & JE Jr (14-15) Level 9 JN (16) & JE Sr	Capital Cup	Level 9 JN (All Ages) = <b>93</b> Level 9 JE (14) = <b>1</b> Level 9 JE (15) = <b>3</b>	Registration & Stretch: 4:00pm Warm-up Flight A: 4:30pm Presentation: 4:42pm Awards: 9:00pm
Friday, April 5 Session 4	Level 10 JN & JE Jr (16-17)	Modified Capitol Cup	Level 10 JN (16) = <b>16</b> Level 10 JN (17) = <b>20</b> Level 10 JE (16) = <b>3</b> Level 10 JE (17) = <b>2</b>	Registration & Stretch: 8:00am Warm-up: 8:30am Presentation: 8:41am Awards: 12:15pm
Friday, April 5 Session 5	Level 10 JN & JE Sr (18-19) <b>*Level 9 (17-18)</b>	Modified Capitol Cup	Level 10 JN (18) = <b>33</b> Level 10 JN (19) = <b>9</b> Level 10 JE (18) = <b>3</b> Level 10 JE (17) = <b>1</b>	Registration & Stretch: 12:15pm Warm-up: 12:45pm Presentation: 12:56pm Awards: 4:25pm
Friday, April 5 Session 6	<b>State Team</b>	Modified Capitol Cup		Registration & Stretch: 4:45pm Warm-up: 5:15pm Presentation: 5:30pm Awards: 8:40pm
Saturday, April 6 Session 7	L8,L9, L10 Technical Sequences	Modified Capitol Cup	Level 8 = <b>122.00</b> AA Level 9 = <b>123.00</b> AA Level 10 = <b>124.00</b> AA	Registration & Stretch: 8:00am Warm-up: 8:30am Presentation: 8:38am Awards: 11:00am
Saturday, April 6 Session 8	Level 6D1 & 6D2 (all ages)	Modified Capitol Cup		Registration & Stretch: 11:30am Warm-up: 12:00pm Presentation: 12:12pm Awards: 2:45pm
Saturday, April 6 Session 9	Level 5D2 (All Ages) Level 4D1 (Age 12+)	Capital Cup		Registration & Stretch: 3:00pm Warm-up Flight A: 3:30pm Presentation: 3:43pm Awards: 7:00pm
Sunday, April 7 Session 10	Level 5D1 (all ages)	Modified Capitol Cup		Registration & Stretch: 8:00am Warm-up: 8:30am Presentation: 8:40am Awards: 11:30pm
Sunday, April 7 Session 11	Level 4D1 (age 7-11)	Modified Capitol Cup		Registration & Stretch: 12:00pm Warm-up: 12:30pm Presentation: 12:40pm Awards: 3:15pm
Sunday, April 7 Session 12	Level 4D2 (All ages)	Modified Capitol Cup		Registration & Stretch: 3:45pm Warm-up: 4:15pm Presentation: 4:25pm Awards: 6:40pm