

REGION 7 LEVEL 10 REGIONAL ANNOUNCEMENTS 2017

QUALIFICATION TO JUNIOR OLYMPIC NATIONALS

- There are 12 age groups at Junior Olympic Nationals
- Top 7 athletes per age group qualify to Junior Olympic Nationals (provided they score a min of 35.AA)
- 2 alternates to be named (information for alternates listed later)
- > There are NO individual event qualifiers to JO Nationals
- ➤ All information about Junior Olympic Nationals can be found on the host website: http://www.jonationals.com
- ➤ Ties for 7th place: Tie breaking procedures will be applied in the event of ties to determine which athlete's scores will be used for the Region 7 Team, and which will be used as individual scores only
 - 2-way tie: In the event of a 2-way tie, the higher ranked AA will compete on the Region 7 team. The lower ranked AA will compete as an individual with Region 7.
- Extra slots from other regions: If Region 7 receives additional slots in age groups from other regions, the 8th placed athlete (in that age group) at Level 10 Regionals will compete as an individual for the other region. This athlete will also train with the region they are competing with. This athlete is also 1st alternate for the Region 7 team.
 - We will post any additional slots, by age group, awarded to Region 7 at the regional meet, and will announce this at the coaches' meetings

ENTRIES TO JUNIOR OLYMPIC NATIONALS

- Region 7 will send electronic meet results from Level 10 Regionals as entries to Junior Olympic Nationals
- Region 7 will pay for all entries for Region 7 athletes qualified to Junior Olympic Nationals provided that the athlete attends the JO National Qualifier Meeting on Friday April 7th, Time TBA with regional schedule
 - Any athlete that does NOT plan to attend the JO National Qualifier Meeting is required to submit a check for \$150.00 immediately following their competition session to cover their entry fee and shipping costs for regional apparel (to the athlete's club). Checks payable to "Region 7". Please submit check to Jen Bortz, RACC.

DECLINES

- ➤ If your athlete qualifies for JO Nationals, and is not eligible or does not wish to compete at JO Nationals, please notify us at the coaches' meeting BEFORE the competition session at Level 10 Regionals
- PLEASE—we are a team. Have a conversation about JO Nationals BEFORE you attend regionals. This will allow us to name the athletes going to JO Nationals at our regional meet.

SCRATCHES

Scratches or changes in athlete or coach information for JO Nationals should be reported IMMEDIATELY to Annie Heffernon: aheffernon@usagym.org or (816) 810-2631. Please include the athlete's name, USA Gym number, Club, Region and Age group. Please copy Linda Johnson and Jen Bortz on this correspondence so that we can assist with notifying alternates. DO NOT NOTIFY ALTERNATES!

COACHES ATTENDING JO NATIONALS

- Coaches will register with Jen Bortz, RAC, at Regionals. Please note the following new guidelines for coaches attending JO Nationals:
- 1-4 Athletes Participating-maximum of 3 credentialed coaches allowed on field of play
- 5-9 Athletes Participating-maximum of 4 credentialed coaches allowed on field of play 10+athletes participating-contact Annie Heffernon for coach credentials

Additional Credentials may be purchased for \$100. Upon approval of the JO Program Director. Please see Jen at Regionals for details.

JO NATIONAL QUALIFIERS MEETING

- Friday April 7^{7h}, at the PG Sports and Learning Complex (Field House), 5:30-7:30pm
- For all athletes who qualify to JO Nationals, and alternates, and their coaches
- Regional Apparel will be distributed at the meeting
- > Region 7 will pay the entry fees for JO Nationals for all athletes who attend the meeting.
- Any athlete who does not attend the camp must bring a check for \$150.00, payable to Region 7, to cover the entry fee and shipping cost of regional apparel. The check must be given to Jen Bortz, RACC, immediately after the competition session.
- Additional information about the meeting will be available at regionals.

JO NATIONALS SCHEDULE AND VENUE

➤ Information about the JO National venue and schedule can be accessed at http://www.jonationals.com/info/

HOTELS

- Region 7 Block:
 - https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=16152298
- Additional information regarding hotels can be found at http://www.jonationals.com/info/
- > I strongly suggest if you have not made hotel reservations, you do so as soon as possible

If you made reservations proactively earlier in the season, please remember to cancel any rooms you will not need to avoid penalties

ALTERNATES

Our alternates play a very important role as part of our team effort at JO Nationals Many clubs ask whether they should travel their gymnasts in alternate positions. This is a club/coaching decision. Here is some information pertaining to alternates:

- If you are planning to travel with your alternate, please notify Linda Johnson, RJOCC
- If you plan to travel with your alternate, you are responsible for finding training for your athlete while in Indianapolis
- See Apparel section below for apparel guidelines for alternates

APPAREL

Athletes:

Competitive Apparel: GK Is again generously donating apparel, including a competition leo, tank leo, warm-up jacket, and stretch capris, for the athletes competing at JO Nationals.

- AA places 1-10 in each age group will need to report for GK sizing. If an age group has more than 10 slots awarded for nationals, all qualifiers must get sized.
- > GK sizing will be conducted after awards for each competitive session
- All Region 7 athletes who qualify to compete at JO Nationals will receive GK competition apparel, and can pick up apparel at the venue on Thursday May 4th (4-7) or on Friday May 5th (8-5) NOTE: Region 7 is in the first training session on Friday (8-10:30)
- ➤ 1st alternates will also receive GK competition apparel. They can pick up apparel at the venue once all competitors have picked up apparel for Region 7.
- > 2nd alternates DO NOT receive apparel unless called to compete.
- JO National competitors should plan to bring skin tone briefs to wear with the competitive leo. Briefs are NOT included with competitive apparel. No racer back sports bras.

Regional Apparel: Region 7 is proud to provide our Region 7 JO Competitors a regional apparel package to take to JO Nationals.

- All Region 7 JO Competitors, PLUS ALTERNATES, will receive Regional Apparel.
- Regional apparel will be distributed at the JO Nationals Qualifier Meeting Friday April 7th.

Coaches:

- ➤ **Training Day:** Coaches should plan to wear the 2017 Regional shirt on training day with black pants/shorts. Shirts should be picked up at registration at regionals.
- Competition Days: We will be ordering new coaches shirts for coaches traveling to JO Nationals. There will be different shirts for Saturday and Sunday competition. If you qualify an athlete for Nationals, and will be coaching your athlete at Nationals, please pick up a shirt immediately after the competition session at regionals. You will complete a shirt order form, and then will receive your shirt. If you have

athletes competing on both days, you will receive a 2 shirts/coach. Again, shirts are only available for coaches traveling to Nationals.

LIVE STREAMING OF JO NATIONALS

- ➤ USA Gymnastics is planning to provide live streaming of JO Nationals.
- Athletes must submit a publicity release form (attached), signed by the athlete (if 18) or her parent/legal guardian (if under 18) in order to be included in the streaming
- ➤ Please bring the completed release form (attached) to Level 10 Regionals and submit this at registration at regionals. Region 7 will send in all forms to the national office.
- ➤ If you do not submit the form at regionals, it will be your responsibility to send this to the National office by May 1st.

ADDITIONAL CLUB RESPONSIBILITIES FOR JO NATIONALS

- Information about JO Nationals can be found at: http://www.jonationals.com
- ➤ BANQUET AND ATHLETE BIOS: Clubs are responsible for purchasing banquet tickets and sending athlete bios. The athlete bio form is attached and can be found on the Region 7 website.

Good luck to all of our athletes at Level 10 Regionals and 2017 JO Nationals!