



2017 JO National Qualifiers Meeting (replacing Team 7 Edge Clinic)

The objective of this meeting is to unify the gymnasts and coaches in preparation for the best outcome at nationals. The gymnasts will be grouped according to age group, and 2 age groups will rotate to each event. Judges will be assigned to events to review deductions from regionals. We will also discuss training day for nationals.

THERE IS NO TRAINING AT THIS MEETING!!

Where: Prince George's Sports and Learning Complex (**Field House**)

When: Friday April 7th **5:30-7:30pm**

Who: All gymnasts who have qualified to nationals, alternates, and their coaches

Note: All gymnasts attending this clinic must be accompanied by a coach from their gym (preferably the coach that will be attending nationals)

Region 7 will pay entry fees to JO Nationals for all gymnasts who attend the clinic with their coaches.

It will be a packed but productive meeting!!! Be ready to start at 3:30 sharp.

Schedule:

5:30-5:45 General Information for Nationals
 5:45-7:15 6-15 min Rotations (see below)/Coaches' Meeting
 7:15-7:30 Meeting with Alternates, Meeting with all coaches; Closing

Rotations:

Age Group	1st Event
Sr E, Sr F	Vault
Sr C, Sr D	Bars
Sr A, Sr B	Beam
Jr E, Jr F	Floor
Jr C, Jr D	Tips for Success
Jr A, Jr B	Regional Apparel

Go Region 7!!!